

## DISPENSATION FORM TO PLAY DOWN AN AGE

### PLAYER DETAILS

Player Name:		MyRugby No.	
Club/School:		Competition/State:	
Date of Birth:		Actual Age Grade:	(i.e. U15's)
Playing Position:		Requested Age Grade:	(i.e. U13's)

### ASSESSING COACH

Coach Name:		MyRugby No.	
Coach Qualification:	Level: Expiry:	SmartRugby Qualification:	Expiry:

### ASSESSMENT

Coach to assess the player against the following considerations. If the answer is NO to any of these considerations, then the player shall NOT be considered capable of competing safely with players in the proposed competition.

Physical Development:	Does the player's level of physical development appear to be below that of others in his or her age group?	YES	NO
Skill Level:	Is the player's skill level below that of other players in his or her age group?	YES	NO
Level of Experience:	Does the player have limited or no experience to compete with other players at a comparable standard of competition?	YES	NO
Standard of Competition:	Is the standard of competition in the proposed age grade competition suitable to allow the player to compete safely	YES	NO

Coaches assessment comments:

Printed Name:		Date:	
Signature:			

### PARENT / LEGAL GUARDIAN

I confirm that:

- a) I am a parent or legal guardian of the above mentioned player;
- b) I give my consent for the above mentioned player to play below his or her age group;

Printed Name:		Date:	
Signature:			

### COMPETITION MANAGER

I confirm that:

- a) A copy of this Policy is included in the competition rules; and
- b) Records of completed Consent forms are kept

Printed Name:		Date:	
Signature:			

### WHAT TO DO WITH THIS DOCUMENT

Completed form is to be submitted to your competition manager

## WEIGHING DOWN DETAILS

WEIGHDOWN DETAILS	
Height of Player (cm)	Weight of Player (kg)
Total body Mass Percentage (BMI) =	
NTRU OFFICIAL #1	NTRU OFFICIAL #2

WEIGHT PROVISIONS	
Male Application	20% percentile
Under 11's to play Under 9's	30kg or less
Under 13's to play Under 11's	35kg or less
Under 15's to play Under 13's	45kg or less
Under 17's to play Under 15's	55kg or less
Under 18's to play Under 17's	60kg or less

The player weight shown on this form is used in conjunction with information provided on NTRU's Dispensation Form to determine whether dispensation will be given for the player to compete in the age group below their correct age group. If the player does not meet either the BMI of 20% or weight in under the information provided for each age group, he or she will not be permitted to play below their actual age.