

LEVEL ONE SPORTS TRAINER

SATURDAY 25TH & SUNDAY 26TH MARCH 2017

8.30AM-5.30PM

This course is designed for people with a keen interest in sports medicine. The course runs for 16 hours (including assessment) and gives participants a hands on approach to the initial management and assessment of injuries within the sporting environment, building on the participant's basic knowledge of first aid and equips them with management techniques to use out on the field.

The following topics are included in this course:

The Sports Trainer in Action
Basic Anatomy
Principals of Injury Management
Common Sporting Illnesses & Injuries
Medical Conditions
Transport of the Injured Athlete

Basic Sports Taping
Drugs in Sport
Sports Nutrition
Preventing Sports Injuries
Head & Spinal Injuries
Basic Wound Management

Cost: \$285 per person (includes all course materials, manuals and accreditation costs).

Venue: Land Rover Rugby Park, Abala Road, Marrara.

Course Code: 01705

Please note - **You MUST be at least sixteen years old and hold a First Aid Certificate (completed with in the last 3 years) and CPR Certificate (completed within the last 12 months).**

TO REGISTER - online at <http://sma.org.au> or https://sma.jobreadyrto.com.au/terminal/online_book_course/11449

Or **contact the SMA NT office (contact details below).**

Registrations close Thursday 23rd March 2017.

All payments to be finalised before course confirmation can occur.

Any queries please contact Tamzin France (Education Manager NT):

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